

WV CSO Curriculum Planning Tool Sixth Grade Phys Ed Curriculum Map

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Movement Forms (PE.S.1)	PE.6.1.1	participate independently in physical activity and/or exercise to improve skill/fitness.					
	PE.6.1.2	recognize basic skills and rules necessary to participate in individual, dual, team, and lifetime activities.					
	PE.6.1.3	perform lead-up activities that contain two or more elements of individual, dual, team, and lifetime activities.					
	PE.6.1.4	perform social and/or multicultural dances.					
Standard 2: Development of Motor Skills (PE.S.2)	PE.6.2.1	identify and correct errors in technique necessary to participate in selected movement forms.					
	PE.6.2.2	use appropriate practice plans to independently improve performance.					
Standard 3: Physical Activity (PE.S.3)	PE.6.3.1	demonstrate involvement in moderate to vigorous physical activity in addition to physical education class (e.g., maintain an activity log).					
	PE.6.3.2	participate in games, sports, dance and outdoor pursuits both in and outside school.					
	PE.6.3.3	exercise at home to improve performance and fitness.					
Standard 4: Physical Fitness (PE.S.4)	PE.6.4.1	meet the gender and age-appropriate health-related fitness standards defined in a selected program (e.g., P.P.F.T., FITNESSGRAM).					
	PE.6.4.2	define the five components of fitness.					
	PE.6.4.3	relate fitness benefits of a variety of physical activities to specific fitness components.					
	PE.6.4.4	demonstrate an understanding of the necessity of warm-up and cool-down activities.					
Standard 5: Responsible Personal and Social Behavior (PE.S.5)	PE.6.5.1	work cooperatively and productively in a group to accomplish a set goal in both cooperative and competitive activities.					
	PE.6.5.2	make appropriate decisions when applying rules, procedures and etiquette.					
	PE.6.5.3	utilize time effectively to complete assigned tasks.					
	PE.6.5.4	identify behaviors that are supportive and inclusive in physical activity.					

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