

WV CSO Curriculum Planning Tool

Kindergarten Physical Education

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Movement Forms	PE.K.1.1	perform locomotor movements of run, hop, jump, gallop, and slide.					
	PE.K.1.2	make wide, narrow, round, and twisted body shapes.					
	PE.K.1.3	move body at high, medium, and low levels.					
	PE.K.1.4	transfer weight to the hands.					
	PE.K.1.5	balance on different body parts.					
	PE.K.1.6	travel in straight, curved, and zigzag pathways.					
	PE.K.1.7	travel to the beat of even and uneven rhythms (e.g., marching).					
	PE.K.1.8	engage in movements that promote cross lateral development.					
Standard 2: Development of Motor Skills	PE.K.2.1	distinguish between a run, hop, jump, gallop, and slide.					
	PE.K.2.2	recognize basic movement concepts of personal and general space.					
	PE.K.2.3	identify one's relationship (e.g., in, out, over, under, and through) with an object or a person.					
Standard 3: Physical Activity	PE.K.3.1	participate in physical activity in addition to physical education class.					
	PE.K.3.2	attempt to perform new movement activities and skills.					
Standard 4: Physical Fitness	PE.K.4.1	identify the physiological signs of physical activity (e.g., increased heart rate, faster breathing, sweating).					
	PE.K.4.2	participate in activities that measure and improve fitness (e.g., sit and reach).					
Standard 5: Responsible Personal and Social Behavior	PE.K.5.1	follow established class rules, procedures, and safe practices with teacher reinforcement.					
	PE.K.5.2	respect the rights of others in physical activity settings.					