

WV CSO Curriculum Planning Tool

Kindergarten Health

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Health Promotion and Disease Prevention	HE.K.1.1	identify proper personal hygiene skills (e.g., brushing teeth and hand washing).					
	HE.K.1.2	describe physical activities students do outside of school that enhances one's health.					
	HE.K.1.3	identify characteristics of healthy snacks.					
	HE.K.1.4	label/identify feelings (e.g., angry, happy, sad).					
	HE.K.1.5	describe the role that healthful food plays in developing & maintaining a healthy body & mind.					
	HE.K.1.6	identify tobacco as a harmful substance.					
Standard 2: Health Information and Services	HE.K.2.1	identify sources of help in school and community (e.g., teacher, policeman, etc.) who can be of assistance when one is exposed to dangerous substances.					
	HE.K.2.2	demonstrate the use of 9-1-1.					
	HE.K.2.3	identify healthy and unhealthy household products.					
	HE.K.2.4	identify health care resource persons (e.g., school nurse, dentist, eye doctor, etc.).					
Standard 3: Health Behaviors	HE.K.3.1	demonstrate proper clothing to wear for various weather conditions and various activities.					
	HE.K.3.2	describe various safety devices (e.g., helmets, knee and elbow pads) and their use in various activities.					
	HE.K.3.3	demonstrate safety procedures (e.g., street crossing and fire drills).					
	HE.K.3.4	identify household poisons and their symbols and drugs and medicines to avoid without supervised use.					
	HE.K.3.5	identify actions that might lead to accidents or dangerous situations at school or in the community.					
Standard 4: Culture, Media and Technology	HE.K.4.1	identify various tools that a doctor uses in a checkup.					
	HE.K.4.2	list favorite foods (e.g., pizza, tacos) and discuss the origins of each.					
Standard 5: Communication	HE.K.5.1	demonstrate the use of "I" statements when expressing needs or feelings.					
	HE.K.5.2	show various ways of communicating care and consideration of others (e.g., sharing, using "please" and "thank you").					
	HE.K.5.3	differentiate between safe and unsafe situations involving touching.					
	HE.K.5.4	discuss ways to be a responsible listener.					
	HE.K.5.5	demonstrate respect for other's bodies and personal space.					
Standard 6: Goal Setting/Decision Making	HE.K.6.	set a goal of eating a healthy snack everyday.					
	HE.K.6.2	set a goal to exercise daily with adult guidance.					
	HE.K.6.3	determine the appropriate people to ask for help in a fire, sudden illness, child abuse situations, etc.					
Standard 7: Advocacy	HE.K.7.1	explain his/her health needs (e.g., proper rest and exercise) to an adult.					
	HE.K.7.2	identify the health related roles of people in their family, neighborhood, and school.					