

## WV CSO Curriculum Planning Tool Eighth Grade Health Curriculum Map

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Health Promotion and Disease Prevention	HE.8.1.1	Identify & explain components of total wellness					
	HE.8.1.2	apply nutritional concepts to food choices and disease prevention					
	HE.8.1.3	determine the risk factors leading to teen pregnancy, HIV/AIDS, and other sexually transmitted diseases					
Standard 2: Health Information and Services	HE.8.2.1	identify ways to access current health information and services (e.g., internet)					
	HE.8.2.2	investigate resources related to ATOD, dating violence, STD's, and harassment					
Standard 3: Health Behaviors	HE.8.3.1	identify and list ways to prevent pregnancy, emphasizing abstinence					
	HE.8.3.2	describe safety guidelines for preventing various intentional and unintentional injuries (e.g., pedestrian, motor vehicle, bicycle, ATV, violent situation).					
	HE.8.3.3	describe examples of harassment, bullying and intimidation and the legal ramifications in the school, community, and job setting					
	HE.8.3.4	recognize & report signs of self-destructive behaviors (suicide, eating disorder, gang membership, anger, depression, anxiety) in others					
Standard 4: Culture, Media and Technology	HE.8.4.1	recognize bias in advertising and misleading media communication about health information, products and services					
	HE.8.4.2	identify and interpret the effect of media messages on health and nutrition					
	HE.8.4.3	identify effect of culture & media messages on dating relationships					
Standard 5: Communication	HE.8.5.1	demonstrate ways to communicate care, consideration and respect of self and others (e.g., peer mediation, conflict resolution).					
	HE.8.5.2	demonstrate refusal skills to protect personal health against risky and harmful behaviors (e.g., pregnancy, drunk driving, STDs, ATOD, dating violence, harassment).					
Standard 6: Goal Setting and Decision Making	HE.8.6.1	identify personal health goals and choose strategies regarding nutrition and alcohol, tobacco, drug use and personal safety to achieve optimal personal health					
	HE.8.6.2	explain effects that different choices, regarding sexual behaviors, can have on personal future.					
	HE.8.6.3	describe how personal health goals are influenced by changing information, abilities, priorities and responsibilities					
Standard 7: Advocacy	HE.8.7.1	identify community resources that advocate against dating, violence, harassment, bullying, intimidation and discrimination					
	HE.8.7.2	recognize and promote environmental practices that will preserve natural resources for personal and community health					
	HE.8.7.3	explain why personal safety is everyone's responsibility & describe his or her personal role					
	HE.8.7.4	explain the need for legislation to protect and promote personal safety and health					

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