

WV CSO Curriculum Planning Tool Seventh Grade Health Curriculum Map

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Health Promotion and Disease Prevention	HE.7.1.1	analyze the effects of various behaviors (e.g., substance abuse) on body systems and wellness					
	HE.7.1.2	describe the major parts and functions of the reproductive system					
	HE.7.1.3	identify general symptoms and potential long-term health consequences of STDs					
	HE.7.1.4	demonstrate first aid procedures					
Standard 2: Health Information and Services	HE.7.2.1	identify the relationship of cost and effectiveness of health products					
	HE.7.2.2	identify situations that require professional health services and community resources that can provide those services					
	HE.7.2.3	identify myths, misinformation and stereotyping associated with the use of health services					
Standard 3: Health Behaviors	HE.7.3.1	evaluate personal health practices to avoid STDs					
	HE.7.3.2	analyze the difference between safe and risky behaviors, including methods for preventing pregnancy and STDs (e.g., abstinence and methods of birth control).					
	HE.7.3.3	recognize signs of and strategies to reduce stress, anxiety and depression					
Standard 4: Culture, Media and Technology	HE.7.4.1	describe the influence of cultural beliefs on health behaviors (e.g., nutrition, hygiene, medical treatment, ATOD use) and the use of health services					
	HE.7.4.2	explain the impact of peer harassment on physical, emotional and social health and identify necessary coping skills					
	HE.7.4.3	recognize the importance of respecting individual differences					
	HE.7.4.4	analyze media message about alcohol, tobacco, and other drugs					
Standard 5: Communication	HE.7.5.1	explain how character and personality (e.g., confident = aggressive; shy = passive, etc.) affect the perception of one's ability to communicate					
	HE.7.5.2	discuss ways one can develop healthful family relationships					
	HE.7.5.3	explain steps that can be taken to improve dysfunctional family relationships; discuss adjustments that can be made if family changes occur					
Standard 6: Goal Setting & Decision Making	HE.7.6.1	apply the USDA Dietary Guidelines and Food Pyramid in meal planning					
	HE.7.6.2	discuss the consequences of poor nutritional choices (e.g., eating disorders) for self and others (e.g., families and babies).					
	HE.7.6.3	clarify the process of a decision making model; predict situations and practice skills requiring decisions with alcohol, tobacco and other drugs					
Standard 7: Advocacy	HE.7.7.1	demonstrate effective advocacy skills to use with public health services					
	HE.7.7.2	explain the importance of maintaining natural environmental settings and promote clean in-door air, recycling and responsible use of natural resources					

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