

WV CSO Curriculum Planning Tool

Sixth Grade Health Curriculum Map

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Health Promotion and Disease Prevention	HE.6.1.1	describe the USDA food pyramid, including number and size of servings and basic nutrients needed for an adolescent female/male on a daily basis.					
	HE.6.1.2	identify the negative effects of alcohol, drugs, and tobacco					
	HE.6.1.3	identify strategies for the prevention of communicable diseases (e.g., HIV)					
	HE.6.1.4	describe the major parts and functions of the nervous system					
	HE.6.1.5	identify hereditary factors that affect adolescent development					
	HE.6.1.6	list the steps for breathing emergencies and basic first aid					
Standard 2: Health Information and Services	HE.6.2.1	recognize hereditary factors that should be reflected in medical records					
	HE.6.2.2	identify school and community services for physical and mental health concerns					
Standard 3: Health Behaviors	HE.6.3.1	distinguish between safe and risky or harmful behaviors (e.g., abuse, date rape, peer pressure) in relationships					
	HE.6.3.2	identify protective behaviors used to avoid and reduce threatening situations (e.g., anger, bullying, harassment)					
	HE.6.3.3	identify hygiene and food safety practices for improved personal and family health					
Standard 4: Culture, Media and Technology	HE.6.4.1	recognize that people grow and mature at different rates and have different body types than those portrayed by the media					
	HE.6.4.2	analyze the influence that advertisers have on consumer choices (e.g., tobacco, alcohol and other consumer products).					
	HE.6.4.3	identify the importance of respecting people's differences					
Standard 5: Communication	HE.6.5.1	identify positive and socially appropriate ways to express needs, wants and feelings					
	HE.6.5.2	identify communication skills to build and maintain healthy relationships.					
	HE.6.5.3	identify the possible causes of conflict among youth and strategies to manage conflict in schools and communities					
Standard 6: Goal Setting and Decision Making	HE.6.6.1	use decision-making skills to protect against communicable and non-communicable diseases					
	HE.6.6.2	explain how the goal setting and decision making processes are important in designing strategies to quit using tobacco and other risking behaviors					
Standard 7: Advocacy	HE.6.7.1	identify effective advocacy skills to use with health care providers					
	HE.6.7.2	identify the importance of maintaining natural environmental settings and promoting their use for stress/anxiety reduction, wellness and recreation					

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