

## WV CSO Curriculum Planning Tool

### Second Grade Physical Education

Standard	Obj.#	Objective	Projected Date	Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
<b>Standard 1: Movement Forms</b>	PE.2.1.1	combine walking with hopping, jumping, galloping, sliding, and skipping.					
	PE.2.1.2	jump and land in various combinations (e.g., one to same foot, one to the other foot, one to two feet, two to two feet, and two feet to one foot).					
	PE.2.1.3	kick, throw, catch, and strike an object from a stationary position.					
	PE.2.1.4	combine balance, transfer of weight, and rolling movements in a repeatable sequence.					
	PE.2.1.5	perform dance sequences to music.					
<b>Standard 2: Development of Motor Skills</b>	PE.2.2.1	identify and demonstrate directional movements of left and right.					
	PE.2.2.2	identify one critical element or component of balancing, transferring weight and rolling (e.g., bend knees for better balance).					
	PE.2.2.3	use space, effort, and time to intentionally modify a run, jump, gallop, skip and slide.					
<b>Standard 3: Physical Activity</b>	PE.2.3.1	participate in physical activity in addition to physical education class.					
	PE.2.3.2	identify appropriate physical activities for recess and outside of school.					
	PE.2.3.3	attempt to perform new movement skills and activities.					
	PE.2.3.4	identify two physical activities that bring personal enjoyment.					
<b>Standard 4: Physical Fitness</b>	PE.2.4.1	identify the components associated with health-related fitness (e.g., strength, flexibility and body composition) and participate in activities to improve fitness.					
	PE.2.4.2	explain the cardiovascular benefits of regular participation in physical activity.					
<b>Standard 5: Responsible Personal and Social Behavior</b>	PE.2.5.1	apply established class rules, procedures, and safe practices.					
	PE.2.5.2	work cooperatively with another to complete a task.					
	PE.2.5.2	demonstrate respectful behavior toward others in physical activity settings.					